



ORCHARD MEAD
ACADEMY

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Principal: Mr I Patel

COVID LFD Test – Self Testing

Frequently Asked Questions

How do I test myself?

An instruction guide was given out to all students. Some quick guides are also available to view here:

https://rusheymeadseleicesterschuk-my.sharepoint.com/:f:/g/personal/rhill_orchard-tmet_uk/Eg6h3G4To3pBswUD87LjIvcBITn6TAHBhBv4ofao6h4ooA?e=L55iy2

When do I do the tests?

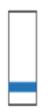
Tests should be taken every **MONDAY** and **THURSDAY** morning. Results need to be sent to school (using the Microsoft Form) by 8.30am. Remember it takes 30minutes to wait for the result of the test so it may be worth waking up a little earlier and doing the test as soon as you wake up so there's time for the result to show. If you have eaten anything, you will need to wait half an hour before completing the test.

What do the results look and what do I do?

 C **Positive result: Self-isolate immediately and take a PCR test**, following the current public health guidance

 C **Negative result:** No need to self-isolate, you can go to your workplace or education setting.



 C  C **Void result:** Take another LFD test. If you receive 2 void results in a row you should book a PCR test.

Do I have to report the results?

Yes. Results for every test taken need to be reported to both the school and the NHS track and trace website.

To report to the school, fill in the Form: <https://forms.office.com/r/ac0Ed346vR>

To report to NSH track and trace: <https://www.gov.uk/report-covid19-result>

Will I get in trouble at school if I don't do the tests?

No. Testing is voluntary and whilst we strongly advise students to test themselves twice a week, if they are unable to, there will be no further action or consequences.

What if my test result says "Invalid"?

You will need to do a second test if you are able.

What if I run out of tests?

More test kits will be delivered out to students in the coming weeks. If you run out (for example because you have had to repeat a test due to an invalid result), please email info@orchard-tmet.uk.

Who do I speak to in school if I have any problems?

Please contact the Main Reception (0116 2413371; info@orchard-tmet.uk) who will direct you to one of our in-school Covid Coordinators.