
















WEEK 1 MENU

CHOICE *One*

CHOICE *Two*

GRAB & GO OPTIONS

| | | |
|-------------|--|---|
| MON | Cauliflower Mac n Cheese  | Cauliflower Mac n Cheese  |
| TUE | Sloppy Joe Burger   Served With Garlic & Herb Wedges | Feta and Beetroot Burger  Served with Chipotle Wedges and Salad |
| WED | Beef Cottage Pie   Served With Vegetables & Gravy | Vegetarian Cottage Pie   Served with Vegetables and Gravy |
| THUR | Chicken Shawarma Flatbread   Served With Salad | Spiced Vegan Bean Wrap   Served With American Slaw |
| FRI | Southern Fried Chicken Goujons  Served with Chips, Peas and Baked Beans | Vegetable Nuggets  Served With Chips, Baked beans & Peas |

WEEKLY SPECIAL

- **Roasted Indian Chickpea Salad**  ●

SALADS:

Tuna and Sweetcorn Pasta Salad
Pesto Pasta Salad   

SANDWICHES/BAGUETTES:

Ham & Cheese Sandwich
Chicken, Lettuce & Mayo Sandwich
Cheese Sandwich 
Ham Baguette
Cheese & Tomato Baguette 

WRAPS:

Tuna Crunch Wrap 
Pepper and Houmous Wrap  

HOT DISHES:













Paninis
Pasta & Sauces
Freshly Baked Pizza
Love Joe's Mexican Burrito

WEEK 2 MENU

CHOICE *One*

CHOICE *Two*

GRAB & GO OPTIONS

| | | |
|-------------|--|--|
| MON | Bangers & Mash   Served with Gravy & Vegetables | Vegetarian Sausage & Mash  Served With Gravy & Vegetables |
| TUE | Chicken & Veg Tikka Masala   Served With Wholegrain Rice | Roasted Cauliflower & Chickpea Korma  Served With Wholegrain Rice |
| WED | Roast Turkey  Served with Roast Potatoes, Two Vegetables and Gravy | Cheese and Onion Pasty  |
| THUR | Mexican Chicken Burrito   | Vegetable Burrito  |
| FRI | Fish and Chips Served with Peas and Baked Beans | The Veggie Dog  Served with Peas and Baked Beans |

WEEKLY SPECIAL

● Moroccan Chicken Salad ●

SALADS:

Pesto Pasta Salad   
Tuna and Sweetcorn Pasta Salad

SANDWICHES/BAGUETTES:

Ham & Cheese Sandwich
Chicken, Lettuce & Mayo Sandwich
Cheese Sandwich 
Ham Baguette
Cheese & Tomato Baguette 

WRAPS:

Pepper and Houmous Wrap  
Tuna Crunch Wrap 

HOT DISHES:

Paninis
Pasta & Sauces
Freshly Baked Pizza
Love Joe's Mexican Burrito

WEEK 3 MENU

CHOICE *One*

CHOICE *Two*

GRAB & GO OPTIONS

| | | |
|-------------|--|--|
| MON | BBq Chicken Meatballs   Served With Wholewheat Pasta , Pizza Pinwheel & Green Beans | Plant Ball Marinara Melt  |
| TUE | Steak Mince Pie  Served with Mashed Potato, Vegetables and Gravy | Crispy topped Vegetable Pie  |
| WED | Roast Pork with Stuffing and Apple Sauceá Served with Roast Potatoes, Two Vegetables and Gravy | Roasted Vegetable & Cranberry Slice  Served With Roast Potatoes & Gravy |
| THUR | Spicy Chicken Pitta   Served With Chipotle Potato Wedges | Black Eyed Bean Burger  Served With Chipotle Potato Wedges |
| FRI | Southern Fried Chicken Goujons  Served with Chips, Peas and Baked Beans | Vegetable Nuggets  Served With Chips |

WEEKLY SPECIAL

• Sweet Chilli Chicken Noodle Salad •

SALADS:

Pesto Pasta Salad   
Tuna and Sweetcorn Pasta Salad

SANDWICHES/BAGUETTES:

Ham & Cheese Sandwich
Chicken, Lettuce & Mayo Sandwich
Cheese Sandwich 
Ham Baguette
Cheese & Tomato Baguette 

WRAPS:

Pepper and Houmous Wrap  
Tuna Crunch Wrap 

HOT DISHES:

Paninis
Pasta & Sauces
Freshly Baked Pizza
Love Joe 's Mexican Burrito