# WEEK 1 MENU

#### CHOICE Due CHOICE GRAB & GO **OPTIONS** WEEKLY SPECIAL Cauliflower Mac n Cheese Cauliflower Mac n Cheese MON Roasted Indian Chickpea Salad SALADS: Tuna and Sweetcorn Pasta Salad Sloppy Joe Burger 🚯 😻 Feta and Beetroot Burger Pesto Pasta Salad 👐 😻 🕥 TUE Served With Garlic & Herb Wedges Served with Chipotle Wedges and Salad SANDWICHES/BAGUETTES: Ham & Cheese Sandwich Chicken, Lettuce & Mayo Sandwich Cheese Sandwich 🔊 Beef Cottage Pie 👩 🛛 😻 Vegetarian Cottage Pie 💿 💗 WED Ham Baquette Served With Vegetables & Gravy Served with Vegetables and Gravy Cheese & Tomato Baguette 🔊 WRAPS: Tuna Crunch Wrap 🐲 Spiced Vegan Bean Wrap & O Served With American Slaw Chicken Shawarma Flatbread n 😻 THUR Pepper and Houmous Wrap 💿 🐲 Served With Salad HOT DISHES: Paninis Pasta & Sauces Southern Fried Chicken Goujons Vegetable Nuggets 🔿 **Freshly Baked Pizza** FRI Served with Chips, Peas and Baked Beans Served With Chips, Baked beans & Peas Love Joe's Mexican Burrito

Fruity! Voltationist's Choice Vegetarian No Oily fish Wholegrain Under Halal CHART 5A AW23 A4 814601

### FOOD UNION

# WEEK 2 MENU





	MON	<b>Bangers &amp; Mash ()</b> Served with Gravy & Vegetables	Vegetarian Sausage & Mash Served With Gravy & Vegetables	<ul> <li>WEEKLY SPECIAL</li> <li>Moroccan Chicken Salad &amp;</li> </ul>
				SALADS:
	TUE	<b>Chicken &amp; Veg Tikka Masala ()</b> 🛛 🥪 Served With Wholegrain Rice	Roasted Cauliflower & Chickpea Korma © Served With Wholegrain Rice	SALADS: Pesto Pasta Salad 😻 😻 🕥 Tuna and Sweetcorn Pasta Salad SANDWICHES/BAGUETTES:
	WED	<b>Roast Turkey ()</b> Served with Roast Potatoes, Two Vegetables and Gravy	Cheese and Onion Pasty 🛛	Ham & Cheese Sandwich Chicken, Lettuce & Mayo Sandwich Cheese Sandwich » Ham Baguette Cheese & Tomato Baguette »
	THUR	Mexican Chicken Burrito 😗 👒	Vegetable Burrito 🛛	WRAPS: Pepper and Houmous Wrap 😿 🐲 Tuna Crunch Wrap 🐲 HOT DISHES:
	FRI	<b>Fish and Chips</b> Served with Peas and Baked Beans	<b>The Veggie Dog ©</b> Served with Peas and Baked Beans	Paninis Pasta & Sauces Freshly Baked Pizza Love Joe´s Mexican Burrito

GRAB & GO **OPTIONS** 

FOOD UNION

🍈 Fruity! 😻 Nutritionist's Choice 🔇 Vegetarian 🔖 Oily fish 😻 Wholegrain 🚯 Halal

# WEEK 3 MENU





MON	BBq Chicken Meatballs ⊕ Served With Wholewheat Pasta , Pizza Pinwheel & Green Beans	Plant Ball Marinara Melt 🛛	WEEKLY S <ul> <li>Sweet Chilli</li> </ul>
TUE	<b>Steak Mince Pie </b> Served with Mashed Potato, Vegetables and Gravy	Crispy topped Vegetable Pie 💿	SALADS: Pesto Pasta S Tuna and Swo SANDWICHES/B
WED	<b>Roast Pork with Stuffing and Apple</b> <b>Sauceá</b> Served with Roast Potatoes, Two Vegetables and Gravy	Roasted Vegetable & Cranberry Slice Served With Roast Potatoes & Gravy	Ham & Chees Chicken, Lettu Cheese Sandy Ham Baguette Cheese & Ton
THUR	<b>Spicy Chicken Pitta ()</b> Served With Chipotle Potato Wedges	Black Eyed Bean Burger Served With Chipotle Potato Wedges	WRAPS: Pepper and H Tuna Crunch V HOT DISHES:
FRI	Southern Fried Chicken Goujons () Served with Chips, Peas and Baked Beans	Vegetable Nuggets Served With Chips	Paninis Pasta & Sauce Freshly Bakee Love Joe´s M

GRAB & GO **OPTIONS** 

### PECIAL

Chicken Noodle Salad •

Salad 👐 😻 🕥 eetcorn Pasta Salad

### BAGUETTES:

se Sandwich uce & Mayo Sandwich wich 🔊 mato Baguette 🔊

Houmous Wrap 💿 😻 Wrap 👐

es d Pizza **Nexican Burrito** 

#### 🍈 Fruity! 😻 Nutritionist's Choice 🔇 Vegetarian 🔖 Oily fish 😻 Wholegrain 🚯 Halal

## FOOD UNION