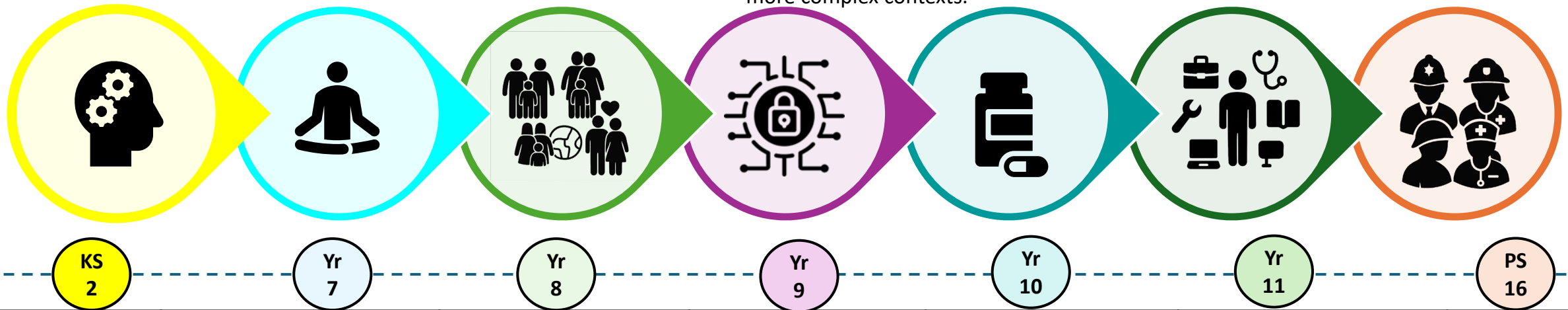


Personal Development – Learning Journey

The growth curriculum is sequenced to match students’ growing maturity, revisiting themes like relationships, wellbeing, and safety in greater depth each year. This interleaving helps learners build knowledge and resilience over time, applying core skills to new and more complex contexts.



<p>Whilst at primary school: By the end of Year 6, you will understand how to stay healthy, safe, and happy. You will have explored friendships, relationships, respect, and growing up, while learning to make positive choices and manage your feelings—building strong foundations for secondary learning.</p>	<p>Relationships- healthy relationships</p> <p>Hazards and risks</p> <p>Health and Wellbeing – Keeping healthy and puberty</p> <p>Careers- jobs of the future</p> <p>Religion and ethics</p> <p>Health and wellbeing-mental health</p> <p>Prejudice and discrimination</p> <p>Moral codes and behaviour</p> <p>Religious traditions in the UK</p> <p>Neurodiversity</p> <p>Personal safety</p>	<p>Hazards and risks- Substance misuse</p> <p>Living in the wider world- identity and prejudice</p> <p>Careers</p> <p>Ethics and religion- morals</p> <p>Moral codes and behaviour</p> <p>Prejudice, discrimination and diversity</p> <p>Health and wellbeing- mental health and relationships. Later looking at obesity.</p> <p>Neurodiversity</p>	<p>Hazards and risks- becoming more responsible</p> <p>Who are you? Extremism</p> <p>Ethics and morality</p> <p>Careers and options process (KS4 subjects)</p> <p>Ethics- behaviour</p> <p>Mental health</p> <p>Relationships - Sexual Health (Contraception)</p>	<p>Hazards and risks– Critical Thinking and Personal Finance</p> <p>Careers</p> <p>Prejudice and discrimination- LGBTQ+</p> <p>Ethics- exploitation</p> <p>Health and Wellbeing – Recognising stress</p> <p>Relationships- Sexual Health</p> <p>Post 16 pathways</p>	<p>Relationships – Toxic masculinity and consent</p> <p>Post 16 pathways and college application process (in class)</p> <p>Skills for life- CVs, banking, coping, study skills</p> <p>Life after OMA- financial literacy, debt and job markets</p> <p>Private study- preparing for GCSEs</p>	<p>When you leave OMA: After Year 11, although you will not gain a formal qualification in growth, the subject equips you with vital life skills such as resilience, empathy, and decision-making. These skills support success in further study and are highly valued in all careers, from healthcare and education to business, law, and public service.</p>
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