

Do Now Task: MWB'S

1. What does FAST stand for?

2. Give 4 examples of how you demonstrate FAST within a lesson (one for each lesson)?

3. How does FAST help you learn?

What lesson routines and behaviours are important to help learning and progress at OMA?

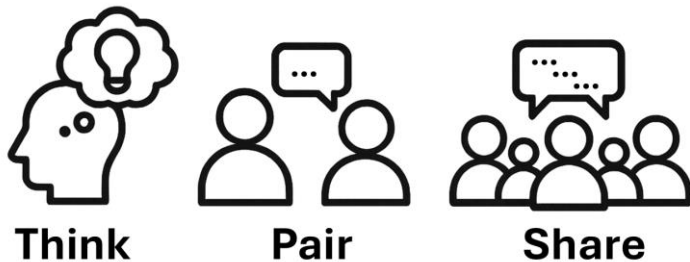


Why are lesson routines important in lessons?

- ☐ To ensure every minute of an Orchard Mead lesson is used as efficiently as possible.
- ☐ To make learning predictable for students to help you feel safe and secure.
- ☐ To ensure learning and behaviour expectations are consistent to create mutual fairness and respect.



Discussion: Y8-11: What lesson routines have you recognised in lessons last year to help you learn?



Year 7: What lesson routines do you remember from Primary which helped you learn last year?

FAST

Following the speaker

Eyes on the speaker
Pens down, hands free
All attention on the speaker
Silently listening

Why do we use this technique?

-Ensures all your focus and concentration is on the speaker

Task:

Practice Round 1: FAST Countdown

Your teacher will now practice a FAST countdown, counting down from 5. You must demonstrate to your teacher that you are a FAST learner.

The teacher will continue to practice this routine until he/she is 100% confident all pupils are being FAST by the time they get to 1.

A token should be given to the 'Fastest' pupil in the room!

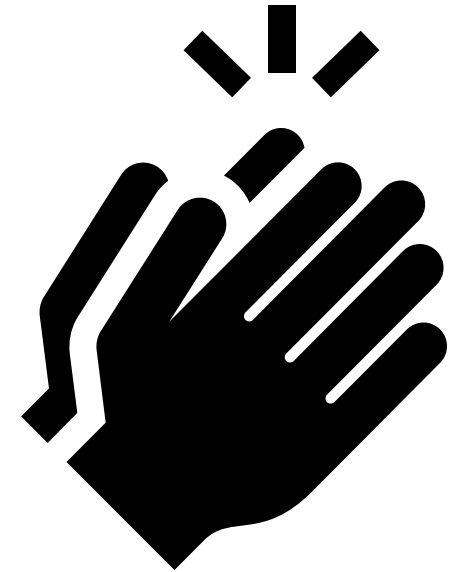
Token Tally System

What is it and why is it important?

- ❑ A classroom system to praise pupils
- ❑ A strategy for pupils to earn a token

How?

- A class tracker student will be nominated for each class.
- The class tracker will track how many 'token points' are awarded in the lesson. They will record this on an alphabetical register.
- The teacher will award points for excellent behaviour and attitude to learning.
- Around 30-50 points will be awarded in the lesson.
- The winner of the token is the pupil who has earned the most 'token points'.



How do you earn token tally points?

A point to , and For being the first 3 students to start the Do Now.

A point for for being proactive and asking me to check their response

A point for for a well articulated answer

A point for for sitting up straight, ready to learn.

A point to for following the speaker so intently, every time.

A point to who is already on question 4 and has the first 3 questions right.

A point to for excellent presentation and corrections using a purple pen.

A point to and for great discussions for the think pair share task.

& More?

Cold calling task: Can you think of another way in a lesson a pupil could earn a token tally point?

Checking for Understanding

At OMA, we mostly use cold calling and mini whiteboards to check for your understanding.

It is important you attempt to demonstrate your understanding correctly, so teachers know what you have learnt, and what you haven't.

Cold calling	Mini Whiteboards
The teacher will pose a question. The teacher will give you adequate thinking time for the question. In this moment, you must all consider an answer to the question. This ensures all pupils are thinking hard and listening. The teacher will then select a pupil to answer the question.	

Task

Cold Calling:

How many token tally points will be given on average per lesson?

Mini Whiteboards:

Pens down and Hands free is an instruction for which letter or FAST?

Follow the speaker

Answer Questions Well.

Sit up Straight

Take responsibility

Every Second Counts

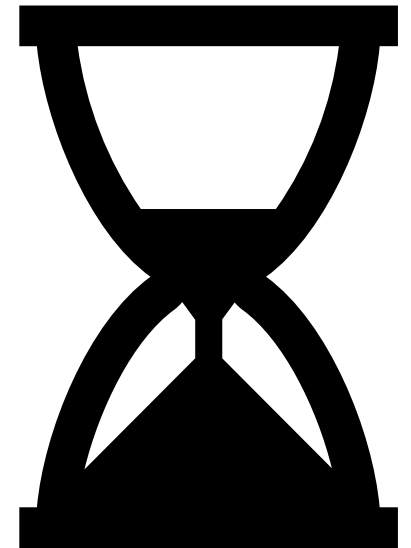
To make every second count in a lesson, each task has a timer. This increases pupil focus.

Why?

- Helps to practice exam conditions
- A visual cue that this part of the lesson is for silent, independent, focused work, which increases productivity
- Creates a sense of urgency and importance “Every second counts”.

Not just for silent independent work. Verbal timers can be used for the following:

- Logistical tasks like handing out books, sticking in worksheets or finding a page in a revision guide.
- FAST



Silence is Golden

Silence exists so that students and teachers can focus to the best of their ability.

Students are expected to listen and work in silence to maintain the maximum effort, concentration and focus.

Therefore, as a class, you must remain silent when:

- a) A person in the room is talking. Teacher or pupil.
- b) When given an independent piece of work to complete.

No shouting out and no disruptions:

In lessons, we do not shout out at any moment, as this can disrupt the lesson and flow of the learning. A C1 Consequence will be given for any shouting out.

In lessons, we must remain in our seats. If we need to leave our seat, we must ask for permission. Without doing so, a C1 Consequence will be given.

These two expectations are in place to maximise your learning.

Silence is Golden
Task: Your teacher is going to ask pupils to individually read through the below text, one sentence at a time. The class must show respect by maintaining silence whilst pupils read.

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Students are expected to listen and work in silence to maintain the maximum effort, concentration and focus.

Therefore, as a class, you must remain silent when:

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Entrance Routines

Why is it important to enter classrooms calmly, quickly and purposefully?

- ☐ Allows you to start the DO NOW task as soon as possible
- ☐ Helps you concentrate and focus
- ☐ Allows your teacher to maximise every minute of the lesson
- ☐ Keeps you and others in and out of the classroom, safe.

How?

1. Be on time
2. Enter quickly and calmly
3. Remove outdoor clothing and get out your equipment
4. Start the DO NOW ASAP in silence. Raise your hand if you need help.

Exit Routines

Why is an exit routine important for lessons?

- ☐ Ensures you are safe leaving lessons and in corridors
- ☐ Helps you to recap knowledge
- ☐ Allows your teacher to maximise every second of the lesson
- ☐ Helps to ensure lesson ends are calm and productive

How?

1. 4 minutes before the end of the lesson your lesson will stop.
2. The exit routine slide will be displayed on the screen
3. The teacher will go through the steps on the screen.
4. You will leave on time to next lesson in a calm, orderly, safe fashion which will continue in the corridors.
5. As part of our OMA oath of being kind, we need to leave the classroom in a clean, respectable fashion, ready for the next class to use.

Exit Routine at Orchard Mead Academy

PLEASE LISTEN TO THE INSTRUCTIONS OF THE TEACHER

Do these **4 before** you leave the room

1] Please maintain silence 

2] Pack away your equipment and resources and stand behind your desk.



3] Check uniform is correct.



4] Be ready to answer questions whilst waiting to be dismissed. Please leave row by row.



Class Task



Please practice the exit routine at the end of this lesson.



Please allocate enough time to go through the routine twice with pupils.



Give token tally points for pupils who perform the exit routine well.

MWB Quiz



What does FAST stand for?



What are the 4 stages of the entrance routine?



What are the 4 stages of the exit routine?



How many tokens will be given out per lesson?



It is ok to shout out during a lesson if you are trying to answer a question. True/False?



It is ok to get out of your seat within a lesson, without asking for permission first. True/False?

Summary

1. Every lesson matters.

Each lesson builds on the last, helping you grow your knowledge, skills and confidence. We need to maximise every second within every lesson to be successful.

2. Achievement is built through small daily choices.

Following and abiding our routines will help you achieve.

3. Your future starts today.

The effort you put into your lessons and routines for learning will shape your future.